



Mediterranean eggplants Suitable for celiacs

Ingredients:

Eggplant

1 u.

Tomato

1 u.

Onion

1 u.

Salt and pepper

to taste

Port Salut cheese

to taste

Preparation

Pour water in the steamer's base up to ½ centimeter high. Place the steamer rack. Peel the eggplant and cut it together with the tomato and onion into thin slices. Place them over the steamer rack. Add salt and pepper to taste. Microwave for 4 minutes on high. Let it rest for 3 minutes. Remove the water from from the base of the steamer. Cover the vegetables with port salut and microwave for 1 additional minute au gratin.

Use gluten free ingredients.

