

Parmesan Cauliflower Suitable for celiacs

Ingredients:

Cornstarch or Cassava starch

1 tbsp

Cauliflower

1 unit

Tomato Paste

1 Cup

Grated parmesan cheese

1 Cup

Water

¼ cup

Olive oil

1 tbsp

Pepper

¼ coffee spoon

Salt

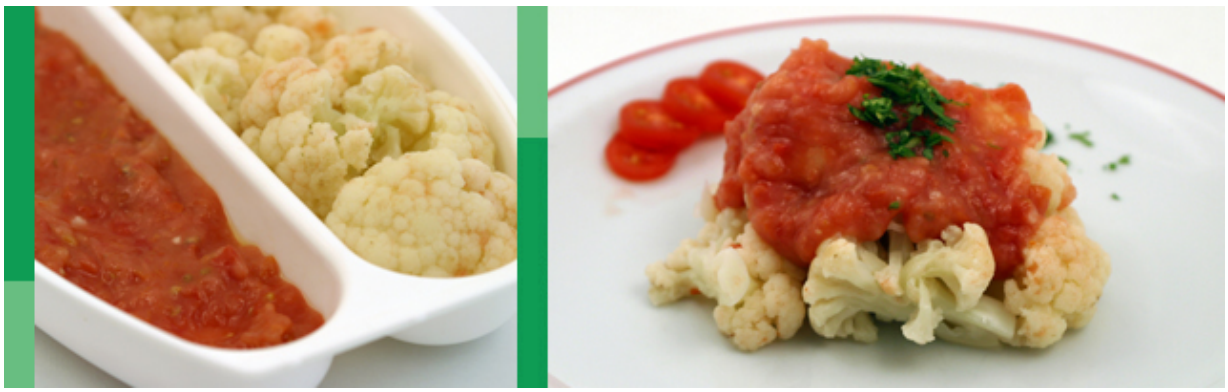
2 tsps

Preparation

Cut the Cauliflower in two halves and remove the main trunk.

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Place the cauliflower in one of the MultiCocción spaces and add salt.
Use the other space to put the tomato paste together with the cornstarch or cassava, the olive oil and water. Then, add salt Cover the MultiCoccion and cook at full power for 4 minutes.
Once finished, stir the cauliflower and the tomato paste in both spaces, sprinkle the Parmesan and cook for another minute at full power.
Use gluten-free ingredients.



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