



Eggplant and tuna paste Suitable for celiacs

Ingredients:

Eggplant

1 unit

Oiled tuna

1 tin

Olive oil

1 tbsp

Salt

To taste

Preparation

Peel the eggplants, cut them up in two halves, cook in the Multicocción at full power for 5 minutes. Remove the preparation from the microwave and crush the eggplant with the tuna and the oil. Add salt and pepper until obtaining a homogeneous cream. Place the preparation in the refrigerator.

Tip: Serve on white bread toasts (Suitable for Celiacs).
Use gluten-free ingredients.



