

Cornstarch Custard Suitable for Celiacs

Ingredients

Cornstarch Custard

2 tbsp.

Milk

250 c.c.

Sugar

4 tbsp.

Egg Yolk

1 Unit

Vanilla Extract

1 teaspoon

Preparation:

In a bowl place the egg yolk, the vanilla extract, the sugar and the cornstarch. Mix all until incorporated.
Pour the milk and stir for 2 minutes. Place the preparation in the TartaExpress and cook at full power for about 4 minutes.
When serving, pour liquid caramel.

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