



Vegetables Brochette Suitable for celiacs

Ingredients:

Onion

1 unit

Red bell pepper

½ unit

Green bell pepper

½ unit

Yellow bell pepper

½ unit

Zucchini

1 unit

Eggplant

½ unit

Mushroom

12 units

Mozzarella

50g.

Procedure

Cut up the onion and the bell peppers in 2 finger

size cubes; laminate the zucchini and the eggplant in 1 finger thickness and 2 finger width. Make the brochettes by inserting the ingredients and place them in the 4 compartments of the BroCheff base. Cut the unused part of the skewer. Fill up the compartment and cook at full power for 4 minutes. Open and place mozzarella au gratin for 30 secs leaving uncovered.

