



Microcheff Brochette:

Ingredients:

Skewers

4 units

Chicken

50g.

Sliced bacon

50g.

Red bell pepper

½ unit

Green bell pepper

½ unit

Onion

1 unit

Procedure

Cut up the chicken in 2 finger size cubes and wrap them in the bacon. Then, cut up the onion and the bell peppers in 2 finger size cubes, too. Make the brochettes by inserting the ingredients and place them in the 4 compartments of the BroCHeff base. Cut the unused part of the skewer. Fill up the compartment and cook at full power for 4 minutes.

