



Sirloin Brochette Suitable for celiacs

Ingredients:

Skewers

4 units

Sirloin

300 g.

Onion

1 unit

Bacon

2 wide slices

Red bell pepper

½ unit

Green bell pepper

½ unit

Yellow bell pepper

½ unit

Procedure

Cut up the sirloin in 2 finger size cubes. Cut up the bacon, the onion and the bell peppers in 2 finger size cubes. Make the brochettes by inserting the ingredients and place them in the 4 compartments of the BroCheff base. Cut the unused part of the skewer. Fill up the compartment and cook at full power for 4 minutes.

